

Kara MK4.5 Seeded Burger Bun

F00267

Country of Origin: UK



Product Description

A white burger bun topped with sesame seeds. Excellent for all types of burgers and hot sandwiches

Storage / Handling / Baking Instructions

Store Frozen at -18°C or below.

To defrost: Remove from case and leave in bag at room temperature for 1 – 2 hours, or until fully defrosted. Once defrosted, store in a sealed pack in a cool, dry place away from direct sunlight.

Once defrosted do not refreeze.

Can be served toasted: open and place in a grill for 1-2 minutes until crumb is golden brown

Ingredient Declaration

Wheat Flour, Water, Sesame Seeds, Sugar, Salt, Yeast, Dextrose, Vegetable Oil, Emulsifiers: E471, E472(e); Flour Treatment Agents: E300, E920

Contains: Wheat, Gluten and Sesame

Nutritional Information

		Per 100g	Per bun
Energy	kJoules	1070	727
	kCal	253	172
Protein (g)		8.8	5.9
Available Carbohydrate (g)		46.7	31.8
	of which sugars (g)	4.3	2.8
Total Fat (g)		2.8	1.9
	of which saturates (g)	0.3	0.2
	of which mono-unsaturates (g)	1.2	0.8
	of which polyunsaturates (g)	1.2	0.8
Dietary Fibre (g)		3.1	2.1
Salt (g)		0.9	0.6
	of which sodium (mg)	342	232

Allergen Disclaimer

Recipe: nut free, **Production site:** nut free,
Ingredients: Although every reasonable precaution is taken we cannot 100% guarantee ingredients are free from nuts

Suitable For

Vegetarians	✓	Halal	✗
Vegans	✓	Kosher	✗

Product is free from:

GM ingredients, Hydrogenated Fats

Shelf Life

Frozen Life of Product	12 months
Shelf life once defrosted	4 days

Product Data

Product Weight:	68g +/- 5g	Case Net Weight:	3.26Kg	Case Dimensions
Product Dimensions:	Diameter 115 +/- 3mm, Height 42 +/- 3mm	Case Gross Weight:	3.68Kg	Length: 481mm
No. in a Pack:	12 units per pack	Cases per Layer:	7	Depth: 381mm
Packs in a Case:	4 packs per box	Cases per Pallet:	63	Height: 192mm
Traceability Code:	Best Before MMM,YY, Day of Year, Time (24hr) eg MAR 09 L8086 19:28			
		Pallet Height:	1.890m	
		Barcode / EAN:	05011639002018	

Information Issued By

Name:	Tracey Whitehead	Position:	Technical Manager – Kara
Date Issued:	29 th October 2012	Issue No:	004

Kara

The Foodservice Bakery Brand

For product information:

Call Customer Care on 0161 3512399

Or visit www.karafs.co.uk