

**Product: Veg & Cheese Country Bake 110g****Product Code:****Brand: KaterVeg!****KV2158****Pack Details**

|                                       |                     |                 |                    |       |                   |                |               |     |
|---------------------------------------|---------------------|-----------------|--------------------|-------|-------------------|----------------|---------------|-----|
| <b>Contents</b>                       | No. Pcs in Case:    | 20              | Avg. Pce Wt:       | 110 g | Case Net Wt:      | 2.2            | kg            |     |
|                                       | Count/Wt per Inner: | 20/2.2Kg        | Inners per Case:   | 1     | Pack Size:        | 20 x 110g      |               |     |
| Inners suitable for sale separately?: |                     | No              | Barcode Inner:     | N/A   | Barcode Outer:    | 05060062470321 |               |     |
| <b>Palletisation</b>                  | Cases per Layer:    | 30              | No. of Layers:     | 9     | Inners/Pallet:    | 270            | Cases/Pallet: | 270 |
| <b>Dimensions</b>                     | Case mm:            | 200 x 200 x 170 | Cubic ms:          | 0.007 | Inner mm:         | N/A            |               |     |
| <b>Packaging Wts</b>                  | Primary plastic:    | 30 g            | Secondary plastic: | N/A g | Tertiary plastic: | N/A g          |               |     |
|                                       | Primary board:      | N/A g           | Secondary board:   | 119 g | Foil/Aluminium:   | N/A g          |               |     |

**Composition & Storage****Description:** A vegetable mix of green beans, sweetcorn, carrot, and potato combined with mature cheddar cheese and coated in a crispy golden breadcrumb.**Ingredients:** See Page 2.**Allergen Statement:** For allergens, including cereals containing gluten, please see ingredients in CAPITALS.**May Contain:****Meat Country of Origin:** N/A **Store Frozen:** -18°C **Min Life on Del.** 304 **Days****Preparation & Usage from Frozen****M/wave:** See Page 3.**Oven:** See Page 3.**Grill:** See Page 3.**Frying:** See Page 3.**Other:** See Page 3.**Dietary & Health Information**

|                             |            |                            |     | <b>Average Nutritional</b>   |              | <b>Per serving</b> |  |
|-----------------------------|------------|----------------------------|-----|------------------------------|--------------|--------------------|--|
|                             |            |                            |     | <b>Per 100 g</b>             | <b>110 g</b> |                    |  |
|                             |            | <b>Contains</b>            |     | Kcals                        | 266          | 293                |  |
| Suitable for Vegetarians    | <b>Yes</b> | Milk / Derivatives         | Yes | kJoules                      | 1114         | 1225               |  |
| Suitable for Vegans         | <b>No</b>  | Egg / Derivatives          | No  | Protein (g)                  | 6.2          | 6.8                |  |
| Suitable for Coeliacs       | <b>No</b>  | Soya                       | No  | Carbohydrate (g)             | 34.6         | 38.1               |  |
| Halal Approved              | <b>Yes</b> | Sulphur Dioxide /Sulphites | No  | of which sugars (g)          | 4.1          | 4.5                |  |
| Kosher Approved             | <b>No</b>  | Sesame Seeds               | No  | Fat (g)                      | 11.8         | 13.0               |  |
| <b>Contains</b>             |            | Celery                     | No  | of which saturates (g)       | 2.3          | 2.5                |  |
| Artificial colours          | No         | Mustard                    | No  | of which monounsaturates (g) |              |                    |  |
| Hydrogenated Fats           | No         | Peanuts / Derivatives      | No  | of which polyunsaturates (g) |              |                    |  |
| GM Ingredients/Derivatives  | No         | Fish                       | No  | Fibre (g)                    | 1.9          | 2.1                |  |
| MSG                         | No         | Crustaceans / Shell Fish   | No  | Sodium (g)                   | 0.328        | 0.361              |  |
| Gluten as added Ingredient  | No         | Other Nuts                 | No  | expressed in salt (g)        | 0.82         | 0.903              |  |
| Wheat & Wheat Derivatives   | Yes        | Lupin / Derivatives        | No  | -----                        |              |                    |  |
| Other Gluten Cereals/Derivs | No         | Molluscs                   | No  | Zinc (mg)                    |              |                    |  |
|                             |            |                            |     | Iron (mg)                    |              |                    |  |
|                             |            |                            |     | Ash (g)                      |              |                    |  |
|                             |            |                            |     | Vitamin A (µg)               |              |                    |  |
|                             |            |                            |     | Vitamin C (mg)               |              |                    |  |
|                             |            |                            |     | Folate (µg)                  |              |                    |  |
|                             |            |                            |     | Calcium (mg)                 |              |                    |  |

Approved Date: 15/12/2014

Approved by: Alison Lauder

# Product: Veg & Cheese Country Bake 110g

Product Code:

**KV2158**

## Ingredients:

Vegetables (41%) (In varying proportions: Green Beans, Sweetcorn, Carrot, Potato, and Onion), Breadcrumb (Fortified Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Yeast, Salt), Fortified Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Vegetable Oil (Sunflower Oil, Rapeseed Oil), Medium Mature Cheddar Cheese (MILK) (7%), Dried Skimmed MILK, WHEAT Semolina, Modified Maize Starch, Palm Oil, Salt, Maltodextrin (WHEAT), Whey Powder (MILK), Cheese Powder (MILK), Flavourings, Acidity Regulators (Citric Acid, Lactic Acid, Calcium Lactate), Spices, Yeast Extract, Parsley, Autolysed WHEAT, Colour (Paprika Extract), Butter Powder (MILK).

# Product: Veg & Cheese Country Bake 110g

Product Code:

**KV2158**

## Preparation & Usage

Microwave:

N/A

Oven:

Pre-heat oven to 220°C/430°F/Gas Mark 7. Place on a baking tray in centre of oven and cook for 20-22 mins, turning halfway through cooking.

Grill:

N/A

Frying:

Pre-heat oil to 180°C/350°F and deep fry for 6 mins. Drain well before serving.

Other Cooking or Serving Instructions:

Ensure bake is piping hot throughout before serving. Do not refreeze once defrosted.