

Chicken

Southern Fried **CHICKEN FILLETS**















Deep fry



Oven Bake

Chicken breast fillets, fully cooked in a southern fried crunchy coating.

- Chicken breast, fully cooked in a crunchy southern fried coating
- Hand-cut and hand-coated giving the product a home-style feel
- Whole muscle, stays succulent under hot lamps and crunchy when cooled
- Whole muscle product, performs well when oven cooked
- Quick from frozen. Can be oven cooked or deep fried.

DESCRIPTION

For over 25 years Meadow Vale has been supplying superior-quality whole muscle chicken products to the foodservice and retail industries.

Meadow Vale's cooked chicken portions are quick and easy to serve and are available in a range of sizes which are guaranteed to suit all serving occasions. By using the latest cooking technologies you can confidently serve your customers succulent tender chicken which has been cooked to perfection.

PRODUCT INFORMATION

INGREDIENTS

Chicken Breast (60%), Water, **Wheat** Flour, Breadcrumbs (**Wheat** Flour, Salt, Yeast), Modified Tapioca Starch, Native Maize Starch, Salt, Spices (Pepper, **Celery**, Chilli), **Wheat** Gluten, Raising Agents (Sodium Bicarbonate, Sodium Diphosphate), Spice Extracts (Pepper, **Celery**, Paprika), Emulsifier (Sodium Tripolyphosphate), Vegetable Powders (Garlic, Onion), Yeast Extract, Dextrose, Non-hydrogenated Palm Oil, Anti-caking Agent (Silicon Dioxide).

ALLERGY WARNING

For Allergens including cereals containing gluten, see ingredients in **bold**.

NUTRITIONAL INFORMATION (*Typical values per 100g as sold*) **Energy 782kJ / 187 Kcal**, Fat 8.7g, of which saturates 3.63g, Carbohydrates, Of which sugars 0.33g, Dietary Fibre 0.5g, Protein 16.5g, Salt 0.93g

REHEATING GUIDELINES

For best results cook from **frozen**.

Deep Fry: Pre-heat oil to 180°C. Remove the chicken fillets from all packaging. Gently lower and fully immerse the chicken fillets into the oil and fry for 5-7 minutes. Drain and serve.

Oven Bake: Pre-heat oven to 220°C / 425°F / Gas Mark 7. Remove the chicken fillets from all packaging and place on a baking tray in the centre of the oven. Bake for 20-25 minutes, turning once half way through cooking.

Always ensure that the chicken fillets are piping hot and fully cooked throughout.

PACKAGING CONFIGURATION

Product code Size	N1452003 120g
Case size	4 x 960g
Packs per case	4
Layers per pallet	10
Cases per layer	14
Cases per pallet	140
Case net weight	3.84kg
Country of origin	Thailand
Storage conditions	-18 ℃

