

## Five Star Fish – Product Specification

PRODUCT	SEA CHEF BREADED FISHCAKES							
PACK	30 x 113g. Minimum net weight 3.39kg.							
CODE	FC05 (153165)							
PALLETISATION	14 layers x 17 Cases per layer = 238							
DESCRIPTION	Minced whitefish fishcakes in a crispy crumb							
INGREDIENTS	Minced Whitefish (FISH) (37%), Water, Potato Flake, Fortified Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Rapeseed Oil, Salt, WHEAT Starch, WHEAT Gluten, Herbs (Parsley, Oregano), Yeast, Yeast Extract, Dehydrated Onion, Natural Flavouring, Spices (Pepper, Garlic), Acidity Regulator (Citric Acid), Colours (Curcumin, Paprika Extract)							
SITE CODE	UK GG123 EC							
PACKAGING	Board 100% recycled content 149g wt. Plastic 12.3g Case dimensions 296x228x114mm external							
STORAGE	STORE AT -18°C OR BELOW. DO NOT RE-FREEZE ONCE THAWED							
OUTLINE SPECIFICATION	Whitefish mince 50% ±2% of core. White fish mince approx 37% ± 2% in final product.							
COATING	Confidential approved suppliers who provide certificates of conformance (All ingredients GMO, Nut & Nut derivative Free)							
QA/HACCP	A <b>BRC A Grade</b> third party accredited food safety scheme is in place for all processing and packing of these products							
DATE/BATCH CODING	Best Before End – 18 months from end of month of production Production Code – Julian code e.g. L1012 = 12 <sup>th</sup> day of 2011 Min shelf Life on delivery 9 months							
COOKING GUIDE	For best results always cook from frozen: Always ensure product reaches a core temperature of 72°C.							
DEEP FRY: OVEN:	Place into pre-heated oil/fat at 180°C/350°F and fry for 3 – 5 minutes Product may also be <b>Deep fried, Oven-baked, grilled &amp; shallow fried</b>							
DIETARY & INTOLERANCE	Suitable for:	Yes/ No	Allergen	Contains	Used on site?	Allergen	Contains	Used on site?
	Vegans	No	Celery/ Celeriac	No	No	Molluscs	No	Yes
	Vegetarian	No	Cereals Containing Gluten	Yes		Mustard	No	Yes
	Halal	No	Crustaceans	No	Yes	Nuts	No	No
	Kosher	No	Eggs	No	Yes	Peanuts	No	No
			Fish	Yes		Sesame seeds	No	No
			Lupin	No	No	Soya	No	No
			Milk	No	Yes	Sulphur dioxide / Sulphites >10ppm	No	Yes
ALLERGEN INFORMATION	<b>For allergens, including cereals that contain gluten, see ingredients in CAPITALS May also contain Milk, Mustard</b>							

Doc Reference	Reason for Issue	Issue Date	Version number	Authorised By	Page 1 of 2
CS036	Label Updated	09.06.2016	8	R.Smith	

NUTRITIONAL	<b>Typical values per 100g as sold:</b>		
	Energy	<b>872KJ</b>	<b>208kcal</b>
	Fat	<b>9.3g</b>	
	<i>of which saturates</i>	<b>0.8g</b>	
	Carbohydrate	<b>21.3g</b>	
	<i>of which sugars</i>	<b>0.4g</b>	
	Fibre	<b>1.2g</b>	
	Protein	<b>9.2g</b>	
	Salt equivalent	<b>0.6g</b>	
ADDITIONAL INFORMATION	<ul style="list-style-type: none"> <li>● <b>WHILST EVERY CARE HAS BEEN TAKEN TO REMOVE SKELETAL BONES THIS IS NOT A GUARANTEE THAT THE PRODUCT IS BONE FREE AS SMALL BONES CAN REMAIN IN EXTREME CASES.</b></li> <li>● <b>REWORK OF STRIPPED FISH ALLOWED.</b></li> </ul>		

<b>153165</b> <b>FC05</b> <b>BREADED FISHCAKES</b> Minced whitefish fishcakes in a crispy crumb <b>30 x 113g. Min net weight 3.39kg</b>  5 060023 310871 	 <b>BREADED FISHCAKES</b> <b>30 x 113g. Min net weight 3.39kg</b> Minced whitefish fishcakes in a crispy crumb Ingredients: Minced Whitefish (FISH) (37%), Water, Potato Flake, Fortified Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Rapeseed Oil, Salt, WHEAT Starch, WHEAT Gluten, Herbs (Parsley, Oregano), Yeast, Yeast Extract, Dehydrated Onion, Natural Flavouring, Spices (Pepper, Garlic), Acidity Regulator (Citric Acid), Colours (Curcumin, Paprika Extract) <b>ALLERGEN ADVICE:</b> For allergens, including cereals that contain gluten, see ingredients in CAPITALS May also contain Milk, Mustard <b>WARNING:</b> Although every care has been taken to remove all bones some small bones may still remain. Cooking Instructions: For best results cook from frozen. Deep Fry: Deep fry in hot oil @ 180°C for approx. 4-5 minutes. This is a raw product and must be cooked throughout to a minimum temperature of 75°C for 30 seconds or equivalent. STORAGE: Keep Frozen at -18°C or below. Do not refreeze after thawing. PRODUCED AND PACKED IN THE UK BY: FIVE STAR FISH LTD., GREAT GRIMSBY BUSINESS PARK, GRIMSBY. DN37 9SY. FOR BEST BEFORE END SEE SIDE OF BOX	 <b>153165</b> <b>FC05</b> <b>BREADED FISHCAKES</b> Minced whitefish fishcakes in a crispy crumb <b>30 x 113g. Min net weight 3.39kg</b> <table border="1"> <thead> <tr> <th colspan="3">NUTRITIONAL INFORMATION</th> </tr> <tr> <th colspan="3">Typical values per 100g as sold</th> </tr> </thead> <tbody> <tr> <td>Energy</td> <td>872kJ</td> <td>208kcal</td> </tr> <tr> <td>Fat</td> <td>9.3g</td> <td></td> </tr> <tr> <td><i>of which saturates</i></td> <td>0.8g</td> <td></td> </tr> <tr> <td>Carbohydrate</td> <td>21.3g</td> <td></td> </tr> <tr> <td><i>of which sugars</i></td> <td>0.4g</td> <td></td> </tr> <tr> <td>Fibre</td> <td>1.2g</td> <td></td> </tr> <tr> <td>Protein</td> <td>9.2g</td> <td></td> </tr> <tr> <td>Salt</td> <td>0.6g</td> <td></td> </tr> </tbody> </table>	NUTRITIONAL INFORMATION			Typical values per 100g as sold			Energy	872kJ	208kcal	Fat	9.3g		<i>of which saturates</i>	0.8g		Carbohydrate	21.3g		<i>of which sugars</i>	0.4g		Fibre	1.2g		Protein	9.2g		Salt	0.6g	
NUTRITIONAL INFORMATION																																
Typical values per 100g as sold																																
Energy	872kJ	208kcal																														
Fat	9.3g																															
<i>of which saturates</i>	0.8g																															
Carbohydrate	21.3g																															
<i>of which sugars</i>	0.4g																															
Fibre	1.2g																															
Protein	9.2g																															
Salt	0.6g																															

Doc Reference	Reason for Issue	Issue Date	Version number	Authorised By	Page 2 of 2
CS036	Label Updated	09.06.2016	8	R.Smith	