

Kara MK5 Floured Bap

F00270

Country of Origin: UK



Product Description

A soft white bread bap dusted with flour and pre-sliced. Excellent for both hot and cold fillings

Storage / Handling / Baking Instructions

Store Frozen at -18°C or below.

To defrost: Remove from case and leave in bag at room temperature for 1 – 2 hours, or until fully defrosted. Once defrosted, store in a sealed pack in a cool, dry place away from direct sunlight.

Once defrosted do not refreeze.

Ingredient Declaration

Wheat Flour, Water, Sugar, Salt, Yeast, Vegetable Oil, Emulsifiers: E471, E472(e); Flour Treatment Agents: E300, E920

Contains: Wheat, Gluten from Wheat

Nutritional Information

		Per 100g	Per bap
Energy	kJoules	1015	873
	kCal	240	206
Protein (g)		8.6	7.4
Available Carbohydrate (g)		46.2	39.8
	of which sugars (g)	3.9	3.6
Total Fat (g)		1.6	1.4
	of which saturates (g)	0.2	0.2
	of which mono-unsaturates (g)	0.5	0.4
	of which polyunsaturates (g)	0.8	0.7
Dietary Fibre (g)		3.1	2.7
Salt (g)		0.8	0.7
	of which sodium (mg)	331	285

Allergen Disclaimer

May contain **traces of Sesame Seed.**

Recipe: nut free, **Production site:** nut free,

Ingredients: Although every reasonable precaution is taken we cannot 100% guarantee ingredients are free from nuts

Suitable For

Vegetarians	✓	Halal	✗
Vegans	✓	Kosher	✗

Product is free from:

GM ingredients, Hydrogenated Fats

Shelf Life

Frozen Life of Product	12 months
Shelf life once defrosted	4 days

Product Data

Product Weight:	86g +/- 5g	Case Net Weight:	4.12Kg	Case Dimensions
Product Dimensions:	Diameter 123 +/- 3mm, Height 50 +/- 3mm	Case Gross Weight:	4.49Kg	Length: 478mm
No. in a Pack:	8 units per pack	Cases per Layer:	10	Depth: 243mm
Packs in a Case:	6 packs per box	Cases per Pallet:	60	Height: 275mm
Traceability Code:	Best Before MMM,YY, Day of Year, Time (24hr) eg MAR 09 L8086 19:28			
		Pallet Height:	1.812m	
		Barcode / EAN:	05011639002063	

Information Issued By

Name:	Tracey Whitehead	Position:	Technical Manager – Kara
Date Issued:	13 th Aug 2012	Issue No:	004

Kara

The Foodservice Bakery Brand

For product information:

Call Customer Care on 0161 3512399

Or visit www.karafs.co.uk