

Kara MK4 Floured Bap

F00266

Country of Origin: UK



Product Description

A soft white bap dusted with flour. Excellent for hot and cold fillings.

Storage / Handling / Baking Instructions

Store Frozen at -18°C or below.

To defrost: Remove from case and leave in bag at room temperature for 1 – 2 hours, or until fully defrosted. Once defrosted, store in a sealed pack in a cool, dry place away from direct sunlight.

Once defrosted do not refreeze.

Ingredient Declaration

Wheat Flour, Water, Salt, Yeast, Sugar, Vegetable Oil, Emulsifiers: E471, E472(e); Flour Treatment Agents: E300, E920

Contains: Wheat and Gluten from Wheat.

Nutritional Information

		Per 100g	Per bap
Energy	kJoules	1031	515
	kCal	243	121
Protein (g)		9.0	4.5
Available Carbohydrate (g)		46.3	23.2
	of which sugars (g)	3.5	1.7
Total Fat (g)		1.8	0.9
	of which saturates (g)	0.3	0.1
	of which mono-unsaturates (g)	0.7	0.4
	of which polyunsaturates (g)	0.8	0.4
Dietary Fibre (g)		3.4	1.7
Salt (g)		0.9	0.5
	of which sodium (mg)	346	173

Allergen Disclaimer

May contain **traces of Sesame Seed.**

Recipe: nut free, **Production site:** nut free,

Ingredients: Although every reasonable precaution is taken we cannot 100% guarantee ingredients are free from nuts

Suitable For

Vegetarians	✓	Halal	✗
Vegans	✓	Kosher	✗

Product is free from:

GM ingredients, Hydrogenated Fats

Shelf Life

Frozen Life of Product	12 months
Shelf life once defrosted	4 days

Product Data

Product Weight:	50g +/- 5g	Case Net Weight:	2.4Kg	Case Dimensions
Product Dimensions:	Diameter 101 +/- 3mm, Height 42 +/- 3mm	Case Gross Weight:	2.73Kg	Length: 400mm
No. in a Pack:	12 units per pack	Cases per Layer:	10	Depth: 300mm
Packs in a Case:	4 packs per box	Cases per Pallet:	100	Height: 180mm
Traceability Code:	Best Before MMM,YY, Day of Year, Time (24hr) eg MAR 09 L8086 19:28			
		Pallet Height:	1.962m	
		Barcode / EAN:	05011639001165	

Information Issued By

Name:	Tracey Whitehead	Position:	Technical Manager – Kara
Date Issued:	29 th October 2012	Issue No:	003

Kara

The Foodservice Bakery Brand

For product information:

Call Customer Care on 0161 3512399

Or visit www.karafs.co.uk