

Product: **Rect Folded Flatbread 125g**

Product Code:

Brand: **Baked Earth**

**BFL3648V**

**Pack Details**

<b>Contents</b>	No. Pcs in Case:	32	Avg. Pce Wt:	125 g	Case Net Wt:	4.0 kg		
	Count/Wt per Inner:	16/125g	Inners per Case:	2	Pack Size:	1 x 32		
Inners suitable for sale separately?:		No	Barcode Inner:	N/A	Barcode Outer:	5022558000993		
<b>Palletisation</b>	Cases per Layer:	12	No. of Layers:	12	Inners/Pallet:	288	Cases/Pallet:	144
<b>Dimensions</b>	Case mm:	300 x 265 x 130	Cubic ms:	0.010	Inner mm:	N/A	<b>Commodity Code</b>	1905 90 30 00
<b>Packaging Wts</b>	Primary plastic:	18 g	Secondary plastic:	N/A g	Tertiary plastic:	N/A g		
	Primary board:	N/A g	Secondary board:	168 g	Foil/Aluminium:	N/A g		

**Composition & Storage**

**Description:** Fully baked folded flatbread with kalonji seeds.

**Ingredients:** WHEAT Flour (Fortified with Calcium, Iron, Thiamin, Niacin), Water, Rapeseed Oil, Raising Agents (Monocalcium Phosphates, Sodium Bicarbonate), Yeast, Salt, Kalonji Seeds (0.5%), Dextrose.

**Allergen Statement:** For allergens, including cereals containing gluten, see ingredients in CAPITALS.

**May Contain:**

**Meat Country of Origin:** N/A      **Store Frozen:** -18°C      **Min Life on Del.** 169      **Days**

**Preparation & Usage from Frozen**

**M/wave:** See Page 2.

**Oven:** See Page 2.

**Grill:** See Page 2.

**Frying:** See Page 2.

**Other:** See Page 2.

**Dietary & Health Information**

				Average Nutritional		Per serving	
				Per 100 g	125 g		
<b>Contains</b>							
Suitable for Vegetarians	<b>Yes</b>	Milk / Derivatives	No	KJoules	1176	1470	
Suitable for Vegans	<b>Yes</b>	Egg / Derivatives	No	Kcals	278	348	
Suitable for Coeliacs	<b>No</b>	Soya	No	Fat (g)	3.5	4.4	
Halal Approved	<b>No</b>	SO <sub>2</sub> /Sulphites >10ppm	No	of which saturates (g)	0.4	0.5	
Kosher Approved	<b>No</b>	Sesame Seeds	No	of which monounsaturates (g)			
<b>Contains</b>		Celery	No	of which polyunsaturates (g)			
Artificial colours	No	Mustard	No	Carbohydrate (g)	52.9	66.1	
Hydrogenated Fats	No	Peanuts / Derivatives	No	of which sugars (g)	0.6	0.8	
GM Ingredients/Derivatives	No	Fish	No	Fibre (g)	2.3	2.9	
MSG	No	Crustaceans / Shell Fish	No	Protein (g)	7.6	9.5	
Gluten as added Ingredient	No	Other Nuts	No	Sodium (g)	0.377	0.471	
Wheat & Wheat Derivatives	Yes	Lupin / Derivatives	No	expressed in salt (g)	0.94	1.18	
Other Gluten Cereals/Derivs	No	Molluscs	No	-----			
				Zinc (mg)			
				Iron (mg)			
				Ash (g)			
				Vitamin A (µg)			
				Vitamin C (mg)			
				Folate (µg)			
				Calcium (mg)			

Approved Date: 18/02/2020

Approved by: Christopher Stobart

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Microwave:

Oven:

Remove all packaging and sprinkle lightly with water. Place directly onto the oven rack in a preheated oven at 200°C, Gas Mark 6, for 4-5 minutes.

Grill:

N/A

Frying:

N/A

Other Cooking or Serving Instructions:

Shelf life once defrosted: consume within 24 hours.

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Lifestyle:

