

**Product: Vegetable Nuggets**

**Product Code:**

**Brand: KaterVeg!**

**KV2156**

**Pack Details**

<b>Contents</b>	No. Pcs in Case:	N/A	Avg. Pce Wt:	18 g	Case Net Wt:	2	kg	
	Count/Wt per Inner:	1kg	Inners per Case:	2	Pack Size:	1 x 2kg		
Inners suitable for sale separately?:		No	Barcode Inner:	N/A	Barcode Outer:	05060062470307		
<b>Palletisation</b>	Cases per Layer:	30	No. of Layers:	9	Inners/Pallet:	540	Cases/Pallet:	270
<b>Dimensions</b>	Case mm:	200 x 200 x 170	Cubic ms:	0.007	Inner mm:	N/A		
<b>Packaging Wts</b>	Primary plastic:	52 g	Secondary plastic:	N/A g	Tertiary plastic:	N/A g		
	Primary board:	N/A g	Secondary board:	109 g	Foil/Aluminium:	N/A g		

**Composition & Storage**

<b>Description:</b>	Vegetables with Seasoning in a Crisp Breadcrumb.						
<b>Ingredients:</b>	See Page 2.						
<b>Allergen Statement:</b>	contains: Wheat, Gluten.						
<b>May Contain:</b>							
<b>Meat Country of Origin:</b>	N/A	<b>Store Frozen:</b>	-18°C	<b>Frozen Life:</b>	405	<b>Days</b>	

**Preparation & Usage from Frozen**

<b>M/wave:</b>	N/A
<b>Oven:</b>	See Page 3.
<b>Grill:</b>	N/A
<b>Frying:</b>	Pre-heat oil to 180°C/350°F and deep-fry Nuggets for 3 mins. Drain well before serving.
<b>Other:</b>	Ensure Nuggets are piping hot throughout before serving.

**Dietary & Health Information**

				<b>Average Nutritional</b>		<b>Per serving</b>	
				<b>Per 100 g</b>	<b>18 g</b>		
		<b>Contains</b>		Kcals	252	45	
Suitable for Vegetarians	<b>Yes</b>	Milk / Derivatives	No	kJoules	1053	190	
Suitable for Vegans	<b>No</b>	Egg / Derivatives	No	Protein (g)	3.36	0.6	
Suitable for Coeliacs	<b>No</b>	Soya	No	Carbohydrate (g)	31.2	5.6	
Halal Approved	<b>Yes</b>	Sulphur Dioxide /Sulphites	No	of which sugars (g)	2.9	0.5	
Kosher Approved	<b>No</b>	Sesame Seeds	No	Fat (g)	13.2	2.4	
<b>Contains</b>		Celery	No	of which saturates (g)	3.43	0.6	
Artificial colours	No	Mustard	No	of which monounsaturates (g)	7.12	1.3	
Hydrogenated Fats	No	Peanuts / Derivatives	No	of which polyunsaturates (g)	2.07	0.4	
GM Ingredients/Derivatives	No	Fish	No	Fibre (g)	2.5	0.5	
MSG	No	Crustaceans / Shell Fish	No	Sodium (g)	0.227	0.041	
Gluten	<b>Yes</b>	Other Nuts	No	expressed in salt (g)	0.568	0.103	
Wheat & Wheat Derivatives	<b>Yes</b>	Lupin / Derivatives	No	-----			
Other Gluten Cereals/Derivs	No	Molluscs	No	Zinc (mg)			
				Iron (mg)			
				Ash (g)	1.5	0.3	
				Vitamin A (µg)			
				Vitamin C (mg)			
				Folate (µg)			
				Calcium (mg)			

Approved Date: 16/10/2013

Approved by: Chris Stobart

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**Ingredients:**

Vegetables (50% - in varying proportion: Carrot, Sweetcorn, Green Beans, Cauliflower, Potato), Wheat Flour, Water, Dehydrated Potato, Vegetable Oil, Yeast, Salt, Hydroxypropyl Methylcellulose, Wheat Starch, Flavouring, Maltodextrin, Ground White Pepper, Bread Improver (Emulsifier (Acid Esters of Glycerides of Fatty Acids)), Sugar, Yeast Extract, Onion Powder, Carrot Extract, Citric Acid, Parsley, Turmeric, Colour (Paprika).

# Product: **Vegetable Nuggets**

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## Preparation & Usage

Microwave:

Oven:

Pre-heat oven to 220°C/430°F Gas Mark 7. Place Nuggets on a baking tray and cook for 12-14 mins, turning halfway through cooking.

Grill:

Frying:

Other Cooking or Serving Instructions: