

Product: Meat-Free Meatballs

Product Code:

Brand: Linda McCartney

HC04426

Pack Details

Contents	No. Pcs in Case:	approx 130	Avg. Pce Wt:	11.5 g	Case Net Wt:	1.5 kg		
	Count/Wt per Inner:	1.5kg	Inners per Case:	1	Pack Size:	1.5kg		
Inners suitable for sale separately?:		No	Barcode Inner:	N/A	Barcode Outer:	05014008001780		
Palletisation	Cases per Layer:	27	No. of Layers:	13	Inners/Pallet:	351	Cases/Pallet:	351
Dimensions	Case mm:	241 x 179 x 111	Cubic ms:	0.005	Inner mm:	N/A		
Packaging Wts	Primary plastic:	30 g	Secondary plastic:	N/A g	Tertiary plastic:	N/A g		
	Primary board:	N/A g	Secondary board:	93 g	Foil/Aluminium:	N/A g		

Composition & Storage

Description:	Meat Free Meatballs					
Ingredients:	See Page 2.					
Allergen Statement:	contains: Soya, Egg, Wheat, Barley, Gluten.					
May Contain:						
Meat Country of Origin:	N/A	Store Frozen:	-18°C	Frozen Life:	548	Days

Preparation & Usage from Frozen

M/wave:	N/A
Oven:	See Page 3.
Grill:	N/A
Frying:	N/A
Other:	Ensure Meatballs are piping hot throughout before serving.

Dietary & Health Information

				Average Nutritional		Per serving	
				Per 100 g		11.5 g	
Suitable for Vegetarians	Yes	Contains	Milk / Derivatives	No	Kcals	186	21
Suitable for Vegans	No		Egg / Derivatives	Yes	kJoules	780	90
Suitable for Coeliacs	No		Soya	Yes	Protein (g)	18.1	2.1
Halal Approved	No		Sulphur Dioxide /Sulphites	No	Carbohydrate (g)	8.6	1.0
Kosher Approved	No		Sesame Seeds	No	<i>of which sugars (g)</i>	2.6	0.3
Contains			Celery	No	Fat (g)	8.8	1.0
Artificial colours	No		Mustard	No	<i>of which saturates (g)</i>	0.8	0.1
Hydrogenated Fats	No		Peanuts / Derivatives	No	<i>of which monounsaturates (g)</i>		
GM Ingredients/Derivatives	No		Fish	No	<i>of which polyunsaturates (g)</i>		
MSG	No		Crustaceans / Shell Fish	No	Fibre (g)	4.7	0.5
Gluten	Yes		Other Nuts	No	Sodium (g)	0.4	0.046
Wheat & Wheat Derivatives	Yes		Lupin / Derivatives	No	<i>expressed in salt (g)</i>	1	0.115
Other Gluten Cereals/Derivs	Yes		Molluscs	No	-----		
					Zinc (mg)		
					Iron (mg)		
					Ash (g)		
					Vitamin A (µg)		
					Vitamin C (mg)		
					Folate (µg)		
					Calcium (mg)		

Approved Date: 26/04/2011

Approved by: Chris Stobart

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Ingredients:

Water, Textured Soya Protein (16% - Defatted Soya Flavour, Iron (Ferrous Sulphate), Vitamin B1 (Thiamine Mononitrate), Vitamin B2 (Riboflavin), Vitamin B12 (Cyanocobalamin)), Rapeseed Oil, Onion, Soya Protein Isolate (4%), Flavouring (Onion Powder, Sugar, Hydrolysed Vegetable Protein, Flavouring, Rusk, Garlic Powder, Pepper, Parsley, Pimento, Nutmeg, Dill, Acidity Regulator (E330)), Dried Egg White, Yeast Extract (Hydrolysed Yeast, Maltodextrin, Yeast Extract, Flavouring, Palm Oil), Stabiliser (E461), Wheat Protein (1%), Dextrose, Malt Extract, Black Pepper, Paprika.

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Preparation & Usage

Microwave:

Oven:

Pre-heat oven to 200°C, place Meatballs on baking tray in centre of oven for approx. 12 mins, or add to a sauce and heat for approx. 5 mins.

Grill:

Frying:

Other Cooking or Serving Instructions: